



Should I be wearing a facemask?

The Centers for Disease Control and Prevention (CDC) does not recommend that people who are healthy wear a facemask in order to try and protect themselves from respiratory illnesses, including COVID-19.

- ✓ Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of disease to others.
- ✓ The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).

For the latest information on **COVID-19** in Orange County (OC), follow the OC Health Care Agency on Facebook @ochealthinfo; Twitter @ochealth and www.ochealthinfo.com/novelcoronavirus.