



NEW GUIDELINES-COMMERCIAL FITNESS



More and more, Rossmoor Parks provide an outdoor oasis in this increasingly urban environment. Events, activities and sports of all kinds give our park grounds a real workout. Speaking of workout—At its September 8, 2015 Board meeting, the District's Board of Directors approved new guidelines and requirements for commercial fitness groups or athletic instructors using Rossmoor's parks on a for-profit basis. Instructors are encouraged to contact the Rush Park office for a complete explanation. Notification letters were sent out to instructors on September 17, 2015. The letters stated that an executed Contract Service Agreement which meets all of the District's requirements must be executed by no later than October 1, 2015 or you may be denied further use of District's parks for your commercial activity. Please call or email the District Main Office to make an appointment with the General Manager. Your cooperation in this regard will be appreciated.

THE GREAT SHAKEOUT TOWNHALL MEETING

On October 8, 2015 the RCSD and RHA will host The Great Shakeout Town Hall Meeting to discuss our local threats and hazards. The meeting will be held in the Rush Park Auditorium from 6:30 pm to 8 pm. Find out how you can be better prepared for the next quake using a simple emergency prep plan. Speakers from California Department of Emergency Services, The Earthquake Country Alliance our local CERT Team and Don Farrell from Los Alamitos Unified School District discussing emergency prep for your kids.

You are also encouraged to participate in the [GREAT CALIFORNIA SHAKEOUT](#) Annual Statewide Earthquake Drill EVENT at 10:15 a.m. on October 15, 2015 when millions of Californians will "Drop, Cover and Hold On!" The nationwide drill has been held on every third Thursday of the month since 2008.

[RCSD Board](#) meetings are televised on LATV-3 and are also available for viewing 24/7 on our website. For questions pertaining to board meetings, agendas and speaker requests contact the [Administrative Assistant](#).

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BOARD MEETINGS

2nd Tuesday of each month
@7 p.m. in the Rush Park Auditorium. Aired on LATV3.



RCSD BOARD OF DIRECTORS

President Bill Kahlert
1st VP Tony DeMarco
2nd VP Ron Casey
Director Michael Maynard
Director Dave Burgess





James D. Ruth
General Manager

EXECUTIVE MATTERS

Fresh air, beautiful mature trees, and exceptional So Cal weather attracts park patrons to Rossmoor year-round. This year we will offer even more reasons to visit. Our new canopy structure will be installed by mid-October, followed by the School Ghoul 5k/10k Run-Walk and the succession of Holiday Happenings outlined on page 3. School is back in session. As outlined in the article below, the district has partnered with The Children's Garden Preschool and The Youth Center to provide even more local educational offerings for our youth. We at the District also want to give a big shout out to those who really care for their trees and appreciate the benefits they provide like oxygen, cleaner air, beauty, stress relief and a sense of community. **Please be aware that landscape watering restrictions do not apply to the trees!** Those of you who love trees help to make it possible for the Urban Forest to thrive and survive in these challenging environmental times. Thank you! So join us for some fitness, fun and fresh air and have a fabulous holiday season filled with the love of friends and family.—JDR



NEW KID ON THE BLOCK



At their August 11, 2015 Board Meeting, the Board approved the addition of the new Children's Garden Developmental Preschool at Rossmoor Park-3232 Hedwig Road. The preschool is now in session.

Pre-school Hours are MWF 9-12:30 & TTH 9-12.

Teachers Sandi Hill and Cathy Bailey are long time Rossmoor residents. They are ready and willing to answer any questions about this new addition to our community.

For more information you may visit their website at www.childrengardenlongbeach.com or call 562-787-3214.



The Lil Cottonwood Preschool has been located at the Montecito Center in Rossmoor since 1995.

For more info. Visit www.lilcottonwoodpreschool.com

The Board also approved the addition of the Rossmoor After School Club & Academic Learning Services (R.A.S.C.A.L.S.) Program at Rossmoor Park.

The program provides local youth with after school homework help, sports and activities.

For more info. contact The Youth Center.



NEW AFTER
Sports
Crafts & Competitions
Homework Help
Enrichment Courses
Outside Activities
Local Kids

The Youth Center & RCSD Present New Program

R.A.S.C.A.L.S.

(Rossmoor After School Club & Academic Learning Services)

For more information visit:
WWW.THEYOUTHCENTER.ORG
or call 562-493-4043

ANNUAL SCHOOL GHOUL 5K RUN/WALK EVENT

Packet Pick Up & Pre Registration: October 10th—3pm-6pm in the Rush Park Auditorium



EVENT SCHEDULE:

7:15 am: Registration Opens
7:45 am: Warm Up/Announcements
8:00 am: 10k/5k Run/Walk
8:30 am: Pancake Breakfast
9:00 am: Prizes Awarded
9:30 am: Kid's Festival of Races
10:30 am: Costume Contest



For more information email Gus Quinonez at info@schoolghoullosalamitos.com or visit the website: www.schoolghoullosalamitos.com



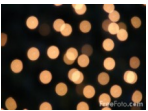
HOLIDAY HAPPENINGS



Mark your calendars for Rossmoor's First Annual Winter Event on Friday, December 11th at 6 pm. Stay tuned for future announcements on this exciting new holiday adventure!



On October 24th the Chamberlain Group will host its Annual Pumpkin Patch at Rossmoor Park. Great family fun for all. Event time is yet to be determined. Be sure to check the RCSD website often for event details.



Rossmoor Womans Club Hosts Annual Holiday Home Tour on December 8, 2015. Order tickets online at www.rossmoorwomansclub@gmail.com



The Rossmoor Community Services District, in cooperation with the RHA and Orange County Sheriff's Department will hold its 4th Annual Toy/Gift Drive. Your generous donations of new, unwrapped items to will be graciously accepted at the RCSD Main Office. Exact dates and times to be determined. Please check the RCSD website often for new developments.



RHA Holiday Post Workshop are held in Rush Park each year. See the Rossmoor Homeowners Association website for details at www.rossmoor-rha.org.

RUSH PARK CANOPY PROJECT UPDATE



Thanks to the hard work and dedication of General Manager James Ruth, Park Superintendent Omero Perez and Architectural Consultant Cheryl Williamsen, the long awaited canopy shade structure project is drawing to an end. Soon Rossmoor residents will be able to reserve the Rush Park Site A canopy area for picnics and special events. We are proud to be able to provide our residents with this quality community asset.

Quarterly Quote: "A woman is like a tea bag. You can't tell how strong she is until you put her in hot water." - *Eleanor Roosevelt (Former First Lady)*





BONUS E-CONTENT

Homeowners need to prepare for all kinds of weather. The Biggest El Nino year in decades is predicted this Fall, according to at least three sources. As a precaution, please have your gutters, downspouts and splash blocks checked. Repair all roof leaks now. With a lot of the grass being dead, there will be significant erosion in both private property and in and in the parkways.

Watch the Latest
Board Meetings
Anytime!
On Our [Website](#).
Or Visit
Vimeo.com





ROSSMOOR
COMMUNITY SERVICES DISTRICT

YOUR... **ULTRA LOCAL**
FREE SPEECH ZONE

BOARD MEETINGS
EVERY MONTH-2ND TUESDAY
RUSH PARK AUDITORIUM

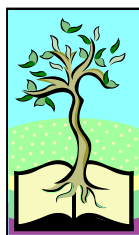


SAVE A TREE

LITERALLY!

Sign up to
receive your
newsletter

[ELECTRONICALLY](#)



rcsd@rossmoor-csd.org

URBAN FOREST




Branch  **Banter** 

With Mary  Kingman

I NEED A DRINK! 

Although El Niño is supposed to bring rain to our drought stricken state this winter, the trees are still in need of immediate attention. Usually, there is enough groundwater reserves from normal amounts of rainfall to sustain the trees. Unfortunately, for the past four years, drought conditions have resulted in almost no groundwater reserves from which to draw from and the trees are really suffering from water stress. In the month of September, I recorded the most tree branch droppings and limb failures that I've seen in the three years that I've worked for RCSD. In nearly every case, the parkway was not irrigated and the trees were not receiving any supplemental water. This lack of water combined with extremely hot weather has caused many trees to drop their branches. You can help to save our trees by giving them a good, deep soaking a couple of times a month. The spray from pop-up sprinklers for a few minutes, twice a week is just not enough right now. Ideally, a slow soak should be from a dripper hose or even a regular hose nozzle, moved around the area beneath the tree's canopy. If you don't have a hose that reaches the parkway, you can dump water around the tree from a bucket or watering can. New trees need even more water; sometimes weekly depending on the type of tree. **Please be aware that landscape watering restrictions do not apply to the trees!** Trees do not need as much water as a lawn and the benefits they provide make them well worth saving.—MK